Each year the food industry in Japan destroys 3-4 million tons of undamaged food that has not expired. The vast majority of this food never reached the consumer.

This amount is equal to about half of the annual rice production of Japan.

Some common reasons to destroy food

- Excess or unsold inventory
- Damaged packaging or printing errors
- Surplus agricultural products

1/3 Rule

products that are not delivered to the first one-third of its shelf life and products not purchased before the best before date

While there are many reasons why so much food is destroyed, there is also another reality that a good number of people are in need in Japan.

2.3 million

Japanese lack food security: access to enough safe and nutritious food in a socially acceptable manner to carry out daily tasks,
We are Japan's First Food Bank.

Our original name in English was NPO Food Bank Japan. However, we use a different name in Japanese, which some find confusing. In 2002, we simplified our name to "Second Harvest Japan." Whichever name you choose, our mission is to help those in need by collecting and distributing surplus food from retailers.

Food banks receive food donations from a wide variety of sources, such as food companies, food retailers, and individuals. They then work with these donations to help reduce food waste and fight hunger. The two main goals of food banks are to assist low-income families and to reduce food waste. Food banks also work with other organizations to help those in need.

Food for all people.
“Food for all people…”
Our four activities

Harvest Kitchen
This program provides 300 to 400 hot meals in Ueno Park each Saturday. Volunteer volunteers, staff, regular and
new volunteers prepare hot meals made from donated rice, fresh produce, house foods and other ingredients.

Harvest Pantry
This program provides perishable and non-perishable groceries to households in need. We assist single-parent households, the elderly, victims of natural disasters, the unemployed, refugees and many others in need of assistance.

Food Banking
This program provides wholesale volumes of food donations to welfare agencies, nonprofit and faith-based
organizations serving those in need. Each month we deliver to 330 locations in the Kantō area alone. An additional 400
groups are reached through our local partner food banks.

Advocacy and Development
We promote food banking in Japan through various activities such as participating in exchanges, giving
lectures, hosting an annual food bank symposium and visiting local food banks. We also work with the government to
spread the message of food banking to ordinary citizens and companies in the food industry.

Results
Volunteer hours in 2012: 27,510
Number of times people were reached in 2012: 686,233
Financial support since 2002: 614,440,947 yen
Food distributed since 2002: 8,083 tons

Note: Data for 2011

1. OMC JAPAN 2011
2. Community Dining Vision 2012
3. OMC JAPAN 2012
4. OMC JAPAN 2013
5. OMC JAPAN 2014
Since 2003 we have provided hot, nutritious meals to those in need. This is by far our most popular activity with more than 75 people coming out each week. One person reports that language is not a barrier to getting involved. We find that this is a great opportunity for volunteers to meet our recipients and learn about the many other parts of our organization. 70% of our recipients are former day-laborers, 60% are men, and the average age is 57 years old. Hot, affordable meals on the streets, and basic food services are available to those who need them. Our goal is to provide a hot, nutritious meal in a safe environment.

2019 Activities

Hot meals delivered to the less temporary shelter

The residents of Hana-Meinau, located near the nuclear plant, were relocated to a sheltered housing facility. Initially, some 1,200 people lived there, but by the end of 2019 about 170 residents were still there. The height of the emergency and the need to evacuate the area were high, but space and slogans did not always allow for a good environment. To help the residents, we were happy to provide them with meals as quickly as possible.

New Kitchen

2019 marked a huge turning point for us, when we transformed our old office and workspace into a kitchen and storage area, the put it into use. New hanging, new lighting, and new cleanliness make the space more inviting and safer. We find that people always love to be in the kitchen, and the kitchen is a welcome addition to the center. The kitchen is no longer under the roof, but space and slogans did not allow for a good environment. The kitchen has been transformed into a safer, cleaner, and more inviting space.

Online Volunteer Registration

Another major change was the implementation of an online volunteer registration system. Previously, volunteers would register through phone calls, notes, and emails. When we received a call or a note, we would need to keep a record of the volunteers in our database. With the new system, the process of registering a volunteer is now more efficient and organized. Volunteers are able to register online, and they receive an email confirming their schedule and their seating. This change has made the process more efficient and less time-consuming, as they are on the front line of the emergency. The online registration process was made possible through the support of Salesforce and Salesforce.org.

From Our Volunteers

Delivering Needed Food

You’re welcome to help us make the day better for those in need. Whether you’re a regular volunteer or a one-time helper, we always welcome new faces. We provide meals and basic food services to those who need them. If you’re interested in helping out, please contact us for more information.

Participating in our company’s CSR program has been rewarding.

My company, X, has a CSR program that encourages employees to volunteer in their local communities. It’s a great way to support the community and give back to those who need it the most. I’ve had the opportunity to participate in various CSR activities, including volunteering at a local shelter, helping out at a food bank, and participating in community clean-up events. It’s been a rewarding experience, and I’m looking forward to continuing to support my community in the future.

Harvest Kitchen (Soup Kitchen)

7,167

Meals Served

21,922

Current Issues and Future Expectations

We continue to work to provide a safe environment for our volunteers and create a hospitable food-aid environment.

The pandemic began in 2020 and it was a very difficult time. The demand for our services grew, and we had to adapt quickly. The pandemic forced us to find new ways to serve meals and maintain a safe environment. We implemented new safety protocols and took extra precautions to ensure the well-being of our volunteers and recipients. We are grateful to our donors and partners for their support during this challenging time.

With the pandemic subsiding, we are optimistic about the future. The need for food aid is still present, and we are committed to providing a safe and welcoming environment for our volunteers and recipients. We are also exploring new ways to engage with the community and promote healthy eating and nutrition.
We believe access to safe, nutritious food should be a part of a fundamental safety-net. We are working to create that food safety-net.

Out of the nearly 20 million people living below the relative poverty line in Japan, We estimate that 2.5 million lack food security. We support those in need by distributing rice, basic staples, and perishable and non-perishable grocery items. We continue to look for new and innovative ways to reach those in need.

2019 Activities

Pantry Pickup

On Thursday and Saturday, about 200 recipients come to pick up food directly from us. Recipients can come once a month for a total of 12 times in the calendar year. However, we do make allowances for those who may only get 1-3 times per year. Other recipients can order clothes, travel cards, and gift cards through our website, and we can deliver them to the individuals during the pickup.

Mobile Pantry

Twice a month we load our truck and deliver food to a designated location. About 100 recipients, mostly older, are registered to the program. We provide about the same amount for our mobile recipients, but we do make sure to check if they have any specific requirements so that we can adjust to their needs. We do not have the ability to pick up the items in the future for our general store, so we can only serve to find a regular delivery.

Food Packages

Food packages comprise of rice, basic staples, nursery, and canned foods. They are delivered by your local service directly to recipients who live outside of Tokyo or cannot come to our office. There is a high reason the people need a lot of rice, in some cases the person has diabetes, but need rice for their daily meals. We make sure they can meet their needs while making sure they are not taking up too much weight.

From Our Volunteers

Providing Food with Gratitude and a Smile

Family Halen

Enjoying about 2-3 hours of work, twice a month, to share the experience as family and sisters of the recipients to understand everyone’s feels and needs.

Seventh Year Volunteering

Lea Volpez

I’m the beginning Enrolled as part of a 4th class distributor group for the Facebook group. About two years and three months, we have collectively been helping, while working together in the same program, which is a mix of our passion. In November 2018, we decided to launch a (non-profit) social project with a group of volunteers and supporters, and asking for your help in delivering this project, helping us make it a success. We have adopted a few other projects, but we can’t do it without your support. We have gathered from our members, and we would deeply appreciate your support. We eagerly anticipate your continued support for our new activities.

Results

Number of food packages sent (excluding Toyko region): 1,626

Number of pick-ups: 13,435

Current Issues and Future Expectations

Childhood Poverty

is well documented in our country, there are many initiatives for children and elderly, however, adults living in poverty are often overlooked. Our activities have helped to distribute food to women, children, single-parent support, and elderly. As we move forward, we will look at a broader range of food distribution programs. The initiative we take from our beautiful island of 7 million people is to work closely with other programs to reach children in need.
Food Banking

This is our core activity: collecting and distributing food donations.

We have been lucky enough to work with a wide variety of donors ranging from large food companies to local farmers, from supermarket chains to international schools doing a food drive. Each partner has played a role in helping us get food to those in need and the many groups who serve them. We currently have over 400 companies who have donated to us since 2003.

2017 Activities

Areas of Operations

The Kanto and Chubu regions serve approximately 300 million residents. FPOs and partner groups. We work to match donations with their needs, like this by directly delivering donations wherever possible or by using the local distribution centers. Outside of the Tokyo area and elsewhere in Japan, we work with regional charities to ensure that over 90% of food bank donations are directed to local food banks to keep on operations and growing their organization.

Multi-faceted Corporate Support

Many corporations are taking notice of the positive effect of food banks and have become partners of support. A short list of the corporations we work with, in addition to local companies, have donated food supplies and other items to ensure support. We continue with strategic partnerships and favorable corporate donations, all of which help us reach more people and are greatly appreciated for the support.

Volunteer Drivers

Last year volunteers drove donations more than 14,000 hours and accumulated for 90% of deliveries in the Kanto area. The amount of hours donated is equivalent to six million volunteer staff. To be a huge impact on us and without our volunteer base we would find it hard to achieve goals and accomplish the best food needs and demands. In addition, they play an essential role in getting undecided bills to the agencies we serve. We use this indirect to plan what food donated agency need.

From Our Volunteers

Volunteering is My Lifeline

多位暇な

Volunteer volunteering after a different career every year 10% has been the same since when I first started and annually one or two members have joined our team. We are very grateful to all of these people who are so willing to our activities.

Sence of Encouragement

When I first “I canphy” 100%

First-year part of the client dataset and that feedbacks substantially in more donations to the local field office in this Kanto area

We have decided to challenge the needs of each activity. We have “Please have ‘I canphy’ at your facility” and thanks to these.
Work Throughout Japan

We work to build a food safety-net and food lifetime through the development of food banking. Since our incorporation in 2002 we have travelled from Hokkaido to Okinawa promoting food banking and helping local people to start their own organizations. We believe in food banking as a positive alternative to destroying good food.

2015 Activities

The 6th Annual Food Bank Symposium

On October 9th 2015 we hosted the 6th Annual Food Bank Symposium. The event ran throughout the day and company staff as well as company representatives presented examples of their CSR activities in companies with us. In addition to the symposium we held a public lecture titled “The impact of food donation: A public lecture to introduce the presentations and the various stakeholders involved in food banking.” The lecture was aimed at bringing students in local universities, the public, and those interested in the further development of food banking.

Lectures, Presentations, and Exhibitions

We have the best use of opportunities to share our work. In the last year this has proved an opportunity for various companies, schools, churches, and social issues. In a series of public lectures we have introduced the basics of food banking to various audiences. We hope to continue this in 2016.

CSF Programs

We founded CSF (CSR) that companies turn to as a means to both engage the community and also create opportunities for volunteering among employees. This year we held a “CSR Open House” that invited companies to meet with CSF. From these meetings we were able to contribute to various communities and share the CSF story with companies that have not yet engaged in CSR programs.

Company Cooperation:

Our work would not be possible without companies like these. Thank you.

Ku Skin Japan Co., Ltd.

Our work would not be possible without companies like these. Thank you.

Saya

Saya has interested in CSR and began drawing in 2003. In July 2015 she began a new project in July 2015. This is a small group of students from various communities.

Japan Tobacco Beverages

They showed a very good project in December 2014. We have been engaging with their CSR projects for a year. This year we are hoping that they will continue to support our efforts.

We are grateful to all of our partners who have provided us with the opportunity to continue our work. We are committed to providing a positive outcome.
Our response to the Tohoku Disasters

We continue to provide support to those in Tohoku who were affected by the disasters on 3/11.

**Food distribution for stranded commuters**
- Staff sends relief supplies to stranded commuters and local citizens in need.

**Deliver relief supplies**
- Deliver relief supplies to food banks in Tohoku, Aomori, and Iwate Prefectures in collaboration with local relief organizations during post-disaster operations.

**Yuri Kanemura with Food Bank Yamamoto**
- Visits food banks in Tohoku to assess needs and deliver aid.

**Soup kitchen for residents of Shiogama**
- Sets up a soup kitchen in Shiogama, Miyagi Prefecture April 3-27.
- One resident was found dead after the tsunami hit, and they suffered injuries due to the disaster.
- Soup kitchen to continue until June.

**Deliver aid to Sendai**
- Staff delivers aid to Minami Soma City.

**Deliver relief supplies directly to evacuation centers in Ishinomaki**
- Delivers relief supplies directly to evacuation centers in Ishinomaki.

**Deliver Hagen-Dasz ice cream to Miyagi Prefecture residents**
- Delivers Hagen-Dasz ice cream to residents in Miyagi Prefecture in response to requests from residents.

**Establish a permanent office in Ishinomaki City**
- We set up an office in Ishinomaki to coordinate relief efforts.

**Begin sending relief packages directly to disaster victims**
- Begins sending relief packages directly to disaster victims in collaboration with relief organizations.

**Deliver 13,080 care packages since June, 2011**
- Delivers 13,080 care packages since June, 2011. We continue to regularly send packages.

**Deliver 14,381 packages since June, 2011**
- Delivers 14,381 packages since June, 2011. We continue to regularly send packages.

**3/11 memorial event in Osaka**
- Takes place at the OSAKA Venue in Osaka on May 21, 2011.

**11+ 11**
- Our mission is to continue providing aid for one year after the disaster.

**Results**
- 187 people
- 14,381 people
- 143,133,689 yen

**Make care packages for the “Adopt a Family” program**
- Delivers care packages to families in need.

**Trip to the region**
- Participants include staff and volunteers who have been providing aid to disaster victims.

**Donations welcomed**
- Donations are welcome to support our ongoing relief efforts.
Our relief work carried us from Iwate in the south to as far north as Yamada-machi. That is more than 250 km of coastline.

On the day of the disasters we provided soup to stranded commuters in Tokyo who were forced to walk home. Within 48 hours we headed to Sendai and proceeded to set up operations there. We currently have an office in Nihonmatsu that serves the 7,100 households living in temporary housing and the nearly 6,000 households living in damaged houses.

Food Packages

Starting in July 2011 we started sending food packages to the regions. These packages consisted of dried beans, rice, and canned goods. When times were included cards with contact numbers for individuals in the areas. Some of these packages were delivered directly to the recipients. We delivered the first package to an area that was devastated by tsunami to roughly 15,000 households in our office, Nihonmatsu, on July 22. This was a very arduous and critical task for our team that consisted of local fishermen who delivered them to the people. These people were very much in need of our support and it provided a great sense of fulfillment to see how well they were received.

2012 Activities

Working With Local NPOs

As part of our work in Tottori we worked with Nihonmatsu Tohoku to provide free supplies to various parts of the Tohoku region. We distributed packages to citizens in neighboring areas as well as delivered those who had no means to come. We also supported other organizations concerning food relief programs and community building projects in Nihonmatsu.

Tohoku Relief Work

From Our Recipients

Living in Private Rental Housing

Mr. and Mrs. Tanaka

Launching Overflow

Tohoku: From Tokyo

Starting Over

Toshiyuki Hara

From the Days of Nihonmatsu in the Tohoku Region

Starting Over

Toshiyuki Hara

 powstała w 1981 roku z inicjatywy wielu zjednoczonych finansowych instytucji, w tym Banku Japonii, Banku Rolnictwa i Handlowego oraz kilku innym.

Odpowiedzialność firmy jest niezwykle wielka, zarówno wobec klientów, jak i społeczności, w której działa. Firma zasięga więc całościowe podejście do biznesu, które obejmuje zadowolenie klientów, opiekę na rzecz społeczności i przyczynienie się do rozwoju lokalnej infrastruktury.

Firma była stworzona z myślą o ciągłym rozwoju i wzmocnieniu posiadanej infrastruktury, a także o zapewnieniu zadowolenia dla klientów i społeczeństwa. Dążę do stworzenia bohaterów z miasta, którzy mogą na wspaniałe sposób włączyć się w życie organizacji,

owanie to Muslim Aid, które zasięga na rzecz osób upadłych w trakcie katastrof naturalnych.

Musieliśmy tu pozostać, choć nie wiadomo, czy naprawdę dataSize co ćwiczyć, co czynić. W konsekwencji, na podstawie doświadczeń z przeszłości i aktualnej sytuacji obowiązujących, praca w Muslim Aid nie jest łatwa, ale jest potrzebna dla społeczeństwa oraz organizacji.

Oczywiście, każdy z nas ma oczekiwanie na wspólne dobro, ale my wszyscy jesteśmy oburzeni przemocą i konfliktem. Muslim Aid希望能够 zasięgać na rzecz osób upadłych w trakcie katastrof naturalnych, a także wspierać osoby potrzebujące pomocy.

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Oczywiście, every one of us has expectations, but we are all outraged by the war and conflict. Muslim Aid希望能够 zasięgać na rzecz osób upadłych w trakcie katastrof naturalnych, a także wspierać osoby potrzebujące pomocy. Witajcie w naszej organizacji i zaspokajajcie swoje oczekiwania. Muslim Aid is created with the aim of continuous development and strengthening of the possessed infrastructure, as well as providing satisfaction for customers and society. I aim to create heroes in the city who can contribute in a meaningful way to the organization.

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From Our Partners

“Food banks have an important role in our hotline services”
Takuma Endo

Yoko Tokuda, an information desk staff member in our hotline service centre, says that they receive more than 100,000 calls per month. They receive many calls from people who are not aware that their food bank can be available nationwide. We realized that they do not have enough people to deal with such issues. At that time, we started to provide information about the food bank that is available nationwide.

“We are looking forward to the expansion of food banking in Japan.”
Hailea Goda

Our first interaction with JH was after the March 11, 2011 earthquake and tsunami, which were devastating for people in the area. We started to provide support to people who were affected by the disaster, such as by providing food and water. This has led to an increase in the use of food banks in Japan, and we are now working on expanding the use of food banks in the country.

“I love food banks.”
Minoru Yano

We look at the kinds of food banks through the eyes of Charles Marzilli, the former vice president of the Food Bank of New York. We are trying to show the reality of JH, our analysis of how food banks can be interested and how they can be involved in our society.

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Staff introductions

Charles E. Mullins
Finance Director/Controller Team Manager

Dakota Khanum
Zonal Manager (West Asia Team) - India, Pakistan

Imad Ali
Wharf Terminal Manager (India Terminals)

Regent Takam
Lebanon & Jordan Regional Manager

John Yassada
Finance Controller - GSA Team

Hitoshi Aka
Finance Controller - Japan Team

Ankur Surjana
Finance Controller - Management Team

Pamela Linares
Finance Controller - Management Team

Tayyab Karawana
Finance Controller - Korea Team

Atika Kamada
Finance Controller - Management Team

Kashif Hayat
Finance Controller - Hong Kong Team

Rumi Me
Corporate Communications Management Team

Sara Palmer
Human Resources Manager

Maxine Dike
Marketing Manager

Jude Shihata
Assistant Finance Manager - Finance Reporting

Board

Charles E. Mullins
President & CEO

Aneesha Sethi
President & COO

Reena Kashiwagi Yamanoto
President, President and CEO

Harley Nicholas
President & CEO

John Bynes
President & CEO

Kazuma Hayama
President & CEO

Leland Gaskins
President & CEO

Food Advisory Board

Here to support our employees, customers and communities by providing guidance on food safety and health initiatives. This group provides insights into current food trends and best practices in the industry.

Professional Advisory Board

The Executive Advisory Board is a group of professionals who provide advice and guidance on a variety of topics related to the company's operations and strategy.
We are very grateful to have these partners help us make our work possible.

Food Donors

Asahi Soft Drinks
Suntory Holdings Limited
Kwongl Corporation
KIRIN INC., LTD.
Halal Japan Ltd.
Costco Wholesale Japan, Ltd.

Campbell's
kikkoman Corporation
Japanese Consume Cooperatives Union
Mitsubishi Shochu Co., Ltd.
Selyu G.K.


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Hirotake Murakami

vskogesonInc.
Revenue & Expenditure Statements For the Year Ending December 31, 2013

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Jon's House</td>
<td>$8,942</td>
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<tr>
<td>Company A</td>
<td>$3,000</td>
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<tr>
<td>Company B</td>
<td>$2,000</td>
</tr>
<tr>
<td>Company C</td>
<td>$1,500</td>
</tr>
</tbody>
</table>

Our future

We will continue to deploy progressive and forward-looking models to collect and distribute food to those who can benefit from it. We are encouraged by the increasing number of companies, organizations, faith-based groups and individuals who are becoming involved in food banking in Japan.

Food Safety

Obtaining support from the government ensures access to emergency food if your own network is stretched at any time.

2013 Initiatives

Second Harvest Japan Alliance

The Second Harvest Japan Alliance was created to promote donation and distribution of food in Japan. The alliance plans to use a strategy that includes food banking and food rescue initiatives to combat hunger in Japan.

Food Donor Alliance

The Food Donor Alliance is dedicated to supporting and promoting food banking and food rescue initiatives in Japan. The alliance aims to provide a platform for food banks and food rescue organizations to work together to combat hunger in Japan.

Food Safety

Obtaining support from the government ensures access to emergency food if your own network is stretched at any time.
Second Harvest Asia (2HA) is our sister organization in the United States. Incorporated in the state of Minnesota on April 6, 2010, it is a 501(c)(3) non-profit organization which works to promote food banking in Asia. Second Harvest Asia coordinated several short-term training and internship programs for the staff of Japanese food banks. These programs were designed to learn best practices and improve food banking in Japan. The participants visited have visited St. Mary’s Food Bank Alliance (the first food bank in the world) and San Francisco Food Bank.

Second Harvest Asia is committed to encouraging communication and exchange of information in the region. It has developed contacts with food banks in Japan, Singapore, Malaysia, Hong Kong, the Philippines, South Korea, and Taiwan. On October 15-16, 2012, it hosted the first regional food bank meeting and held a public symposium in Hong Kong.